

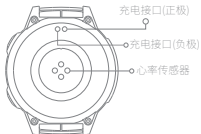
Mibro Watch GS

mibro

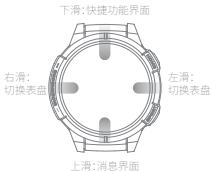
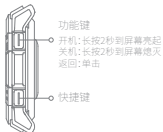
使用产品前请仔细阅读本说明书,并妥善保管

产品介绍

包装清单: 手表主机(含表带) X1, 用户引导卡X1, 产品说明书 X1,
磁吸充电器 X 1。



按键与触控



开机和安装 App

1. 首次使用请长按手表功能按键 2 秒开机；
2. 扫描手表上二维码下载“Mibro Fit” App，或在安卓手机应用商店 /App Store 中搜索“Mibro Fit” App 下载并安装。



注意：

1. 为更好的使用体验，请按提示及时将App升级至最新版本；
2. 系统要求为Android 5.0或 iOS 10.0及以上版本。

绑定手表

表盘界面下滑呼出控制中心，点击二维码图标，并使用 App 内扫码功能扫描二维码连接手表完成配对。或使用 App 内连接管理功能搜索设备，并选择“XPAW008”点击完成配对。



安卓设备权限开通

- ☒ 开启自启动权限
- ☒ 后台耗电保护
- ☒ 清理后台保护
- ☒ 开启消息通知

提示：

1. 请勿直接通过手机设置中的蓝牙进行配对；
2. 苹果设备 iOS 系统首次连接好 App 后，会收到蓝牙配对请求的提示，需点击“配对”进行连接，手表才能接收到来自 iOS 系统推送的来电、短信等通知提醒；
3. 安卓设备首次连接好 App 后，会收到需开通应用权限的提示，请依照提示开通权限，否则会出现小概率连接不稳的情况。

手表操作说明

一、按键定义

功能键：

1. 长按 2 秒开关机；
2. 在首页短按进入菜单，再次短按返回；
3. 熄屏时短按点亮屏幕；
4. 其他页面短按返回表盘页。

快捷键：短按进入自定义快捷功能。

二、表盘页触摸手势

1. 表盘切换：在表盘页面向左 / 向右滑动可切换默认表盘，系统预设 5 个默认表盘；
2. 表盘编辑：在表盘页长按屏幕可编辑默认表盘。选择表盘向上滑动可删除当前表盘，选择“+”号可添加其他表盘为默认表盘。其中一个表盘为“相册表盘”，可在“Mibro Fit”App 中自定义多张相册照片，选定后在主表盘单点屏幕可切换相册内容；
3. 快捷菜单：在表盘页下滑出现，上滑返回；
4. 消息通知：在表盘页上滑出现，下滑或右滑返回；
5. 当手表来消息通知时，会弹出信息详情，右滑或按功能按键返回表盘。

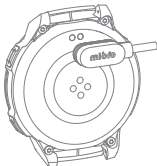
功能介绍

 运动	跑走*5: 户外跑步、室内跑步、健走、徒步、越野跑; 骑行*2: 室内骑行、户外骑行; 游泳*2: 泳池游泳、开放水域游泳; 户外*8: 爬山、铁人三项、轮滑、攀岩、滑板、跑酷、放风筝、飞盘; 室内*12: 跳绳、力量训练、椭圆机、仰卧起坐、俯卧撑、自由训练、踏步机、漫步机、健身操、瑜伽、普拉提、划船机; 舞蹈*7: 舞蹈、广场舞、街舞、肚皮舞、爵士舞、拉丁舞、芭蕾舞; 球类*22: 篮球、足球、羽毛球、乒乓球、网球、橄榄球、台球、保龄球、排球、毽球、手球、棒球、垒球、板球、沙滩足球、沙滩排球、门球、曲棍球、壁球、水球、藤球、躲避球; 水上运动*5: 帆船、龙舟、皮划艇、赛艇、摩托艇; 搏击*7: 跆拳道、拳击、自由搏击、太极拳、空手道、击剑、剑道;
 运动数据	记录一天的运动数据,包括步数、距离、卡路里、活动时间、活动次数
 心率	24h动态监测心率情况,并作出科学的图表分析,记录最近 7 次心率数据
 血氧	随时随地检测血氧情况,并作出科学的图表分析,记录最近 7 次血氧数据
 睡眠记录	智能监测你的睡眠质量,科学分析睡眠时间,记录 7 天的睡眠数据
 压力监测	监测一天你的压力值变化,形成分析图标

 呼吸训练	可设定不同频率、不同时间进行呼吸调整训练
 音乐	连接手机后可控制手机音乐播放
 计时器	手表快捷计时器
 闹钟	手表端闹钟设置功能
 查找手机	连接手机后可通过手表查找手机
 秒表	手表秒表功能
 天气	连接手机后可同步手机 App 中的天气
 计算器	手表 mini 计算器
 指南针	手表 指南针功能
 日历	手表 公 历 日 历 功 能
 支付宝	通过手机支付宝扫描手表二维码授权，可以通过手表支付购买商品 (仅中国国内版本支持)
 设置	屏幕显示设置、系统菜单切换、振动模式、勿扰模式、连接手机、语言设置、省电模式、恢复出厂、重启、关机等设置

充电

请将磁吸充电器的金属触点对准并靠近手表的充电触点，磁吸充电器自动吸附在手表充电触点上开始充电，手表屏幕上显示充电状态。



注意：

1. 请勿在潮湿有水的环境下充电；
2. 请确保手表本体和磁吸充电器上的金属触点没有脏污或腐蚀；
3. 请定期用干净的绒布清洁手表背面和磁吸充电线器的金属触点。确保手表和磁吸充电器的触点充分接触以保证正常充电；
4. 本产品不配备电源适配器，为了保证家人及财产安全，在充电时，可以使用电脑USB接口或选用输出不超过5V $\equiv$ 1A的电源适配器。请通过正规渠道购买电源适配器，杜绝使用低质、伪劣的电源适配器，避免引起爆裂或起火。

蓝牙数据传输

与手机连接时，手表会通过蓝牙与手机即时同步部分数据，包括天气、通知消息、运动健康数据等。连接断开或关闭蓝牙后，将不会同步这些数据。

注意事项

1. 本产品的测量结果仅供参考，不作为任何医疗用途及依据。请遵从医生指导，切不可依此测量结果自我诊断及治疗。
2. 本产品防水等级为5ATM，但不防海水，也不可深度潜水以及长时间泡在水中。同时也不防热水，因为水蒸气会对手表造成影响。
3. 本公司保留不作任何通知的情况下，对本说明书内容进行修改的权利，恕不另行通知。部分功能在对应的软件版本中有区别，为正常情况。

基本参数

产品名称: Mibro Watch GS

额定输入: 5V $\equiv$ 1A

产品型号: XPAW008

尺寸: $\phi 47 \times 11.4\text{mm}$

蓝牙频率: 2400-2483.5MHz

电池容量: 460mAh

标称电压: 3.8V

充电截止电压: 4.35V

CMIIT ID: XXXXXXXXXXXX

执行标准: Q/ZSXX005-2022

设备要求: Android 5.0或iOS 10.0及以上版本

FC CE RoHS  

若有售后服务需求, 请拨打服务电话: 400-0908-508

委托方: 甄十信息科技(上海)有限公司

地址: 上海市闵行区紫星路588号2幢4015室

Mibro Watch GS

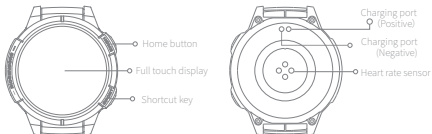
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Please read this manual carefully before using the product and keep it properly

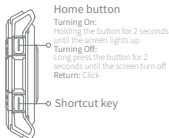
Product description

Packing list: Mibro Watch GS (including strap) X 1, Quick GuideX1,
User manual X 1, Magnetic charging X 1.

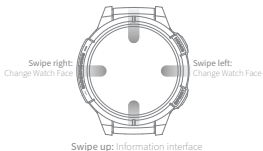
Product overview



Buttons and touch



Swipe down: Call out the control center



Turn on and Install App

1. For the first use, Please press and hold the home button of the watch for 2 seconds to turn it on.
2. Scan the QR code on the right side with your phone, download the "Mibro Fit" App, or search for the "Mibro Fit" App in the Android App Store/iOS App Store, download and install.



Tips:

1. For better use experience, please update the App to the latest version according to the prompt.
2. The system requires Android 5.0 or iOS 10.0 or above.

Connect the watch

Swipe down the main page to swift to the control center, click the QR code, and use the QR code scan function in the App to scan the QR code to connect to the watch to complete the pairing. Or use the connection management function in the App to search for the device, and select "XPAW008" and click to complete the pairing.



Android Device Open Permissions

- ☒ Enable self-starting permission
- ☒ Backstage power consumption protection
- ☒ Clean up backstage protection
- ☒ Turn on message notification

Tips:

1. Do not pair directly through Bluetooth in the phone settings.
2. After the iOS system device connects the App for the first time, it will receive the prompt of Bluetooth pairing request. You need to click "Pairing" to connect, so that the watch can receive the notification and reminder of calls and SMS pushed from the iOS system.
3. After the Android device connects the App for the first time, it will receive a prompt to open the application permission. Please open the permission according to the prompt, otherwise the connection will be unstable with a small probability.

Operating Instructions

1. Key definition

Home Button:

- 1). Press and hold for 2 seconds to turn on and off.
- 2). On the dial page, short press to enter the menu and return to the dial.
- 3). When the screen is off, press briefly to light up the screen.
- 4). Other pages short press to return to dial page.

Shortcut key:

Short press to enter the customized shortcut function.

2. Dial page touch gesture

- 1). Change the Watch Face: Slide left / right on the main page to change the default watch face, and the system presets 5 default watch faces.
- 2). Watch face editing: Press the screen at the main page length to edit the default watch face. Select one watch face to slide up to delete, and select the "+" sign to add others as the default watch face. One of them is "album dial", which can customize multiple album photos in the "Mibro Fit" App. After selection, you can switch the album content on the single point screen of the main watch face.
- 3). Shortcut menu: slide down on the main page to return.
- 4). Message notification: slide on the main page, slide or right slide back.
- 5). When a message is sent to the watch, the information details will pop up. Right slide or press the home button to return to the main page.

Features

 Sports	Running*5: Outdoor running, Treadmill, Walking, Hiking, Trailrunning. Cycling*2: Indoor cycling, Outdoor running. Swimming*2: Swimming, Open water swimming. Outdoor*8: Trekking, Triathlon, Roller skating, Rock climbing, Skateboard, Parkour, Flying kites, Frisbee. Indoor*12: Rope skipping, Strength training, Elliptical machine, Sit-ups, Push ups, Free training, Stepping machine, Walking machine, Aerobics, Yoga, Pilates, Rowing machine. Dancing*7: Dance, Square dance, Hip hop, Belly Dance, Jazz, Latin dance, Ballet. Ball*22: Basketball, Football, Badminton, Pingpong, Tennis, Rugby, Billiards, Bowling, Volleyball, Shuttlecock, Handball, Baseball, Softball, Cricket, Beach Soccer, Beach Volleyball, Gateball, Hockey, Squash, Water Polo, Sepaktakraw, Dodgeball. Aquatics*5: Sailboat, Dragon Boat, Canoeing, Rowing, Motorboat. Fight*7: Taekwondo, Boxing, Free fight, Taiji boxing, Karate, Fencing, Kendo.
 Data	Record the daily exercise data, including the number of steps, distance, calories, activity time, activity times.
 Heart rate	Detect heart rate anytime and anywhere, make scientific chart analysis, and record the latest 7 heart rate data.
 Blood oxygen	Blood oxygen was detected anytime and anywhere, and scientific chart analysis was made to record the blood oxygen data of the last 7 times.
 Sleep	Intelligent monitoring of your sleep quality, scientific analysis of sleep time, record 7 days of sleep data.
 Pressure	Monitor the change of your stress value in a day and form an analysis icon.

 Breath training	Different frequency and time can be set for respiratory adjustment training.
 Music	The watch is connected to the mobile phone, you can control the music playing of the mobile phone.
 Timer	Watch quick timer.
 Alarm	Watch alarm clock setting function.
 Search your phone	After connecting the phone, you can find the phone through the watch.
 Stopwatch	Start the stopwatch function.
 Weather	After connecting the mobile phone, you can synchronize the weather in the App.
 Calculator	Watch mini calculator.
 Compass	Watch compass function.
 Calendar	Watch calendar function.
 Alipay	Note: Only the domestic version of China supports Alipay.
 Setting	Screen display setting, system menu switching, vibration mode, do not disturb mode, connecting mobile phone, language setting, power saving mode, factory recovery, restart, shutdown and other settings.

Charging

Please align the metal port surface of the magnetic charging cable and be close to the charging contacts of the watch. The magnetic charging cable will automatically be attached to the charging contacts of the watch to start charging, and the charging instructions will be displayed on the watch screen.



Note:

1. Do not charge in a humid environment.
2. Make sure that the metal port surface on the watch body and the magnetic charging cable are not dirty or corroded.
3. Please clean the metal port surface on the back of the watch and the magnetic charging cable with a clean flannel regularly. Make sure that the contacts of the watch and the magnetic charging cable are in full contact to ensure normal charging.
4. This product is not equipped with a power adapter. In order to ensure the safety of your family and property, you can use a computer USB port or choose a power adapter with an output not exceeding 5V $\overline{\text{---}}$ 1A when charging. Please purchase power adapters through formal channels, and avoid using low-quality, fake power adapters to avoid bursting or fire.

Bluetooth data transmission

When connected to a mobile phone, the watch will synchronize some data to the mobile phone via Bluetooth, including weather, notification messages, sports health data, etc. After disconnected or Bluetooth is turned off, the data will not be synchronized.

Precautions

1. The measurement results of this product are for reference only, not for any medical purpose or basis. Please follow the doctor's instructions and never make self-diagnosis and treatment based on the measurement results.
2. The waterproof grade of this product is 5ATM, but it is not against sea water, deep diving and long time soaking in water. At the same time, it doesn't prevent hot water, because steam will affect the watch.
3. The company reserves the right to modify the contents of this manual without any notice. Some functions are different in the corresponding software version, which is normal.

Specifications

Name: Mibro Watch GS

Input: 5V $\overline{\text{DC}}$ 1A

Model: XPAW008

Size: $\phi 47 \times 11.4\text{mm}$

BT Frequency: 2400-2483.5MHz

Battery capacity: 460mAh

Nominal voltage: 3.8V

Charging cut-off voltage: 4.35V

FCC ID: 2AXCI-XPAW008

Equipment requirements: Android 5.0 or iOS 10.0 and above

Client: Zhenshi Information Technology (Shanghai) Co., Ltd.

Address: Room 4015, Building 2, No. 588, Zixing Road, Minhang District, Shanghai



RoHS

